



**TRINI FOODIE WEEKEND
IT'S A TRINI T'ING**

TAPAS

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| Salt Fish Cakes - \$6
cod fish and spices rolled into a fluffy balls served w/ trini sauces | CHANNA SALAD SPRING ROLLS - \$6
wrapped in rice paper with celery, carrot and baby romaine |
| Pholourie Cakes - \$6
chickpea cakes rolled into a fluffy balls served w/ trini sauces | SHISHITO PEPPERS - \$6
roasted tossed in sea salt |
| GUYANESE STYLE LO-MEIN -\$6
rice noodle with mixed vegetables | MANGO CHOW - \$3
trinidadian sweet and spicy drinking snack |

**CARIBBEAN LIBATIONS
JUICES**

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| SORREL \$6 | WATERMELON LEMONADE \$7 | PURPLE HEART \$7 |
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NATURAL SODAS

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| WATERMELON \$6 | HONEY \$6 | PINEAPPLE \$6 |
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SMOOTHIES

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| OLLIE-T
mango, pineapple, coconut, green protein \$10 | MOMMA'S SWEET TOOTH
mango, pineapple, ginger, more pineapple \$9 | TROPICAL PARADISE
pineapple, watermelon, goji berry, granola \$11 |
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COCKTAILS

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| SORREL SHANDY
Calypso IPA & Sorrel mix \$8 | ISLAND RUM PUNCH
HOJ Punch & Overproof \$11 | PURPLE HEART SANGRIA
sparkling wine & whiskey \$9 |
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TAPAS & LIBATIONS



IT'S A TRINI T'ING MENU

- Salt Fish Cakes - \$6
cod fish and spices rolled into a fluffy balls served w/ trini sauces
- Pholourie Cakes - \$6
chickpea cakes rolled into a fluffy balls served w/ trini sauces
- Guyanese Style Lo-Mein -\$6
rice noodle with mixed vegetables
- Channa Salad Spring Rolls - \$6
wrapped in rice paper with celery, carrot and baby romaine
- Mango or Cucumber Chow - \$3
trinidadian sweet and spicy drinking snack
- Shishito Peppers - \$6
roasted tossed in sea salt

SMOOTHIE BOWLS

- PEACHY KEEN - \$11
smoothie bowl base:
peaches, banana, coconut cream topped with:
goji berries, banana, granola
- GREEN MANGO BOWL - \$11
smoothie bowl base:
mango, greens, pineapple, coconut topped with: watermelon, coconut flakes, chia seeds, granola
- PINEAPPLE SORBET - \$11
smoothie bowl base:
pineapple topped with: dried apple & apricot, candied ginger
- ACAI SMOOTHIE BOWL - \$12
smoothie bowl base:
acai, banana nice cream topped with:
banana chips, cacao nibs, almonds

BAR SNACKS

- HUMMUS & SNACKS - \$5
choose:
veggie sticks: celery & carrot
dried fruit: apple, apricot, pineapple, prunes
or any chips
- PLANTAIN CHIPS - \$2
choose: sweet or green
- SPICY DILL KETTLE CHIPS - \$2
- SEAWEED SNACKS \$2

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